



We warmly welcome you to the **Luminous Spa** where you can detach yourself from busy city life and enjoy serenity through pampering while leaving your hectic daily routine behind. With a beautiful panoramic view and integrated spa design you can sense and feel the tranquility of nature all around. Our secret recipes will brighten your soul, redefine your body shape and shine pure light into your mind.

SPA ETIQUETTE

Appointment Information

» We recommend that you make a reservation in advance to ensure that your preferred time and service is available.

Children

» Children are not allowed at the spa unless accompanied by an adult.

Arrival Time

» In order to attain the most from your spa experience, please arrive 15 minutes prior to your scheduled appointment, so that we could deliver all necessary pre-service information and for you to relax and enjoy the facilities at Luminous Spa.

Late Arrival

» Please be advised that late arrivals may result in a reduction of treatment time as each session will be finished exactly on time as a courtesy to the next client.

Peaceful Environment

» Your personal time at Luminous Spa is for relaxation. We ask that you respect other guest's privacy by speaking softly. Please switch off your mobile phone upon entering the spa.

Personal Belongings

» We recommend that you leave your personal belongings at your room. Lockers are provided, however we regret that we cannot be responsible for loss or damage of personal articles.

Pregnancy

» For safety of your unborn child, use of the spa is not advised during pregnancy.

Health Conditions

» If you have low/high blood pressure, heart conditions, skin allergies, or other medical complications, we advise that you consult your doctor before reserving our spa appointments.
» Smoking and the consumption of alcohol within the spa are prohibited. It is also advisable to avoid the consumption of alcohol or heavy meals prior to, or after any spa treatment.

Cancellation Policy

» 4-hour cancellation or rescheduling notice is required for all services. Rescheduling of appointments is subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full charge will be imposed for a "no-show"



SPA PACKAGES

Luminous Signature

150 Minutes / THB 5,900++

» **Luminous Signature Massage 90 Minutes**

» **Luminous Signature Facial [Essential Facial by Dermalogica] 60 Minutes**

Beginning with Luminous Signature Massage & followed by Luminous Signature Facial Ideal for normal skin Maintaining moisture level and bringing skin radiance strengthens skin's lipid to help prevent moisture loss with Luminous Spa.



7% government tax and 10% service charge are not included

SPA PACKAGES

Rejuvenate

165 Minutes / THB 5,900++

» **Choice of Body Scrub 30 Minutes**

» **Mineral or Milky Bath 15 Minutes**

» **Choice of Body Massage 60 Minutes**

» **Choice of Dermalogica Facial Treatment 60 Minutes**

Experience to rejuvenation yourself with a combination of whole body treatment with your choice of body scrub & relax in mineral or milky bath. A choice of body massage & Dermalogica facial treatment to completes the wonderful experience. Leaving you feel fresh from top to toe.



Ultimate Bliss

135 Minutes / THB 3,400++

» **Steam or sauna 15 minutes**

» **Choice of Body Scrub 30 minutes**

» **Choice of Body Wrap 30 minutes**

» **Choice of Body Massage 60 minutes**

Designed for everyone to reveal healthy and beautiful skin. This package starts with body scrub to remove dead skin cell, followed by body wrap to nourish your skin. Finishing touch includes your choice of body massage to enhance blood circulation and make your skin glow.



BODY MESSAGES

Luminous Signature Massage

90 Minutes / THB 3,500++

Our signature massage to drift away your tension while enjoying this unforgettable experience with traditional Thai massage combines with aromatherapy massage using Luminous warm aroma oil. Leave your alleviate muscular aches and feeling completely restored.

7% government tax and 10% service charge are not included

THAI TOUCH

Thai Massage

60 Minutes / THB 1,800++

90 Minutes / THB 2,500++

Traditional Thai Massage, works on the theory of intrinsic energy flow and energy balance to promote better health and healing processes. This massage concentrates on the careful application of pressure to distribute energy release blockages and stretch the muscles, leaving the body relaxed, energetic and free from stiffness.

Thai Herbal Compress Massage

120 Minutes / THB 3,400++

This traditional massage features a warm herbal poultice to soothe aching muscles. This massage is particularly effective for alleviating sore muscles, arthritis, or stress.



Remarks: Outdoor massage is available upon your request with additional charge at THB 850++.



MUSCLE RELAXER

Swedish Massage

60 Minutes / THB 1,800++

90 Minutes / THB 2,500++

The strong rhythms massaging techniques help to increase blood circulation and boost up the immune system.

Highly recommended for athletes or sportsperson.

Deep Tissue Massage

60 Minutes / THB 1,800++

90 Minutes / THB 2,500++

Perfect for athletic individuals who require body work. Helps to release muscle tension and increase joint flexibility. This massage focuses on individual muscle groups using deep compression and stroke.

FOCUS POINT MESSAGES

Luxury Foot Massage

60 Minutes / THB 1,800++

Reflexology is an ancient medical way of healing with pressure applied to soles of your feet. It helps to soothe energy blockages.

It helps to remove stress & enhance the circulation. The body is allowed to return to a state of perfect balance.

Healing Back Massage

45 Minutes / THB 1,400++

Focuses on stressed muscles particularly on the back, shoulder, neck, and head. Ease away chronic aches and release tension.

Head & Shoulder Massage

30 Minutes / THB 1,100++

Head & Shoulder massages soothe away tensions in your upper body, break down knots and improve flexibility. It helps to relieve headaches by stimulating the nerves on your scalp and the blood circulation within your head. You will feel relaxed and re-energized.

Arm & Hand Massage

30 Minutes / THB 1,100++

Especially useful for people who spend a great deal of time working with their hands, and it can also provide relief for people who spend many hours a day with a computer keyboard. It helps to relieve stress, pain and discomfort in the arms, hands, and wrists. A massage also resolves issues related to arthritis and poor blood circulation.

Foot Masssge

20 Minutes / THB 730++



7% government tax and 10% service charge are not included

BODY SCRUB & WRAP

Choice of Body Scrub

(Products are available for selection at spa reception counter)

60 Minutes / THB 2,000++

- » **Steam or Sauna 15 minutes,**
- » **Body scrubs 30 minutes**
- » **Light massage Moisturizer 15 minutes**

Our body scrubs work on two different levels. On the physical level they exfoliate the skin, removing dead skin cells and brightening tone and texture, and on a more subtle level, they cleanse the astral body and strengthen the bio-energy field, leaving you looking and feeling radiant.

Choice of Body Wrap

(Products are available to choose at spa reception counter)

60 Minutes / THB 2,000++

- » **Steam or Sauna 15 minutes,**
- » **Body Wrap 30 minutes,**
- » **light massage with moisturizer 15 minutes**

Our body wraps, an excellent way to detoxify and de-mineralize your body, leaving your re-energized and rejuvenated.



FACIAL TREATMENTS



Essential Facial Treatment

60 Minutes / THB 2,900++

Ideal for normal skin Maintaining moisture level and bringing skin radiance, strengthens skin's lipid to help prevent moisture loss.

Ultra Calming Facial Treatment

60 Minutes / THB 2,900++

The Dermalogica Ultra Calming" treatment is serious relief for sensitized skin that calms, soothes and replenishes most aggravated irritated and inflamed skin by the targeting the triggers behind redness itching and stinging This treatment help recover skin health for long-term relief from flare-ups.

Refining Facial Treatment

60 Minutes / THB 2,900++

This perfect treatment is best suited for oily or Acne prone skin, removed dead cells surface impurities The treatment stimulates toxin elimination process, deep cleanses and purifies follicles.

FACIAL TREATMENTS

Age Smart Facial Treatment

75 Minutes / THB 3,300++

The most powerful treatment for pre-mature aging, mature or devitalized skin. Designed to nourish, energize regenerate skin and helps reverse the signs of aging caused by biochemical reactions. Promoting healthy tissue regeneration Revived your skin with this amazing treatment.

Rehydrating Facial Treatment

75 Minutes / THB 3,300++

ideal for Dehydrated skin condition. This treatment focuses on deep hydration each step aims to bring moisture back to your skin. Attract moisture and bind it to skin, leaving it hydrated and supple while prevent moisture loss.



7% government tax and 10% service charge are not included



PURE AROMATHERAPY

Aromatherapy Massage

60 Minutes / THB1,800++

90 Minutes / THB 2,500++

Aromatherapy massage combines the use of essential oils and therapeutic massage to promote healing, a feeling of well-being and relaxation. It will loosen your muscles and release any suppressed tension in your body, mind and soul.

Kid Massage with natural oil

[10 - 14 years]

60 Minutes / THB 1,200++

Especially for kid from 10 – 14 years old, It helps children relax and learn to calm themselves and be able to manage stress better. It also help to relieve depression and anxiety.

SALON & SERVICES



Additional Service Add In's

- Any Choice of Body Scrub [30 Minutes] THB 550++
- Mineral or Milky Bath [30 Minutes] THB 550++

Extra Services

- Steam or Sauna THB 850++ / time
- Thai Massage [outdoor] THB 850++
from regular price

Salon Treatments

- Basic Manicure Spa [60 minutes] THB 1,000++
- Basic Pedicure Spa [90 minutes] THB 1,200++
- Manicure Spa [90 minutes] THB 1,500++
- Pedicure Spa [90 minutes] THB 1,500++
- Nail paint THB 500++
- Shampoo & Blow Dry THB 600++
- Eyebrow Treading THB 600++

Your time to shine



LUMINOUS SPA ON THE 4th FLOOR, OPEN DAILY FROM 11:00 - 20:00
TO MAKE A RESERVATION PLEASE KINDLY CONTACT OUR SPA AT NO.3333